



Family and Child Care Resources Winter/Spring 2018 Workshops

WORKSHOP DESCRIPTION

WS01 Self Regulation and the Changing Face Of Childhood

Wednesday February 21, 2018

***6:00 p.m. – 9:00 p.m.**

\$20.00 per person

***Note this workshop starts at 6:00 p.m**

The early years are a time of extraordinary growth and development. Helping children develop effective self-regulation in the early years sets the underlying foundation for successful social emotional learning over their whole lives. Self regulation is an educational process beginning with co-regulation and increasing awareness and skills that lead to self regulation.

We will discuss the underlying neuroscience behind self regulation, how it develops and how the adults play the most important role in helping our children develop these skills.

Facilitators: **Erika Wainwright** is a teacher with an extensive history working with children with autism. Her educational background is a Bachelor of Education, Master of Education with a focus on Autism Spectrum Disorder, and she has recently completed Foundations 1 offered through Dr. Shanker's organization the MEHRIT centre.

Sandra Buckberger is a teacher who has worked with children from the ages 4 to 16 in a variety of school and institutional settings. Most of her time in schools has been working with children and the families of children with special needs. Her educational background includes a Bachelor of Education and Post Baccalaureate in Education with an emphasis in Special Education.



WS02 Building Resilience in Children – Bounce Back from Life's Challenges

Thursday March 1, 2018

6:30 p.m. – 9:00 p.m.

\$20.00 per person

Resiliency in children is often dependent upon their environment, life circumstances, attachment relationships to their caregivers and temperament. Self regulation is an important part of resiliency. When challenging behaviour occurs, caregivers need to be present, emotionally responsive, and role models of healthy social and emotional behaviour. This interactive workshop will help you to better understand what builds resiliency in young children and how to support its development.

Facilitators: **Sylvia Ritchie** is a Behaviour Support Coordinator in the Family and Child Care Resources program at Family Dynamics. Sylvia is a passionate coach and mentor to early childhood educators.

Wendy Lothian is Behaviour Support Coordinator at Family Dynamics and a Child Development Counsellor at Children with dis'Ability Services.



WS03 Pay Attention! Helping Children Focus and Learn In Early Childhood Settings

Monday March 19, 2018

6:30 p.m. – 9:00 p.m.

\$20.00 per person

How do inattention, distractibility and hyperactivity effect the day to day interactions of the children in our care? If you can't attend you can't learn, play or make friends. Together we will review sensory, cognitive and environmental strategies to help children succeed. By the end of the workshop, participants will have created a tool kit of strategies to help children who have difficulty attending.

Facilitator: **Susan Hales** O.T. Reg., (Mb) is an Occupational Therapist at SSCY. She is also an instructor in the Department of Occupational Therapy, School of Medical Rehabilitation at the faculty of Medicine, University of Manitoba

WS04 Every Child is a Gem and You Can Help Them Shine

Wednesday April 4, 2018

6:30 p.m. – 9:00 p.m.

\$20.00 per person

This workshop grew out of “Building Bridges; Making Connections”, one of our most circulated handouts written by Sylvia Ritchie. Focusing on five of the fundamental planks of the handout, participants will learn through hands- on group activities and information sharing that making connections and helping children feel secure is the foundation of the work we all do supporting and caring for children, regardless of their strengths and challenges.

Facilitators: **Sylvia Ritchie** is a Behaviour Support Coordinator in the Family and Child Care Resources program at Family Dynamics. Sylvia has been a passionate coach and mentor to early childhood educators for more years than she would like to list!

Tamira Penner is a Behaviour Support Consultant at Family Dynamics. Tamira assists the Behaviour Support Team by consulting to licensed child care centres as a whole. She provides mentorship to centre staff by guiding positive ways to manage challenging behaviours.

WS05 Promoting Healthy Child Development and Healthy Relationships through Positive Discipline

***Thursday April 19, 2018 and Thursday, April 26, 2018**

***6:00 p.m. – 9:00 p.m.**

\$40.00 per person

***Note these workshops start at 6:00 p.m and will run over two evenings. Participants must attend both evenings.**

This two part workshop will be an overview of the Positive Discipline program developed by Dr. Joan Durrant, University of Manitoba in collaboration with Save the Children. This Positive Discipline program was designed to be for all adults working with children and cultures, is easily accessible, and is based on an integration of academic research findings and human rights principles. The programs objective is to help caregivers to become problem-solvers and mentors to children, rather than relying on punishments to control the children's behaviour. Participants will learn about strengthening caregiver-child attachment, de-escalating conflict through understanding and addressing the stress response, and increasing caregiver knowledge of child development and expected behaviours.

Facilitator: **Jean Tinling** is currently the Director of Family Programs at Mosaic-Newcomer Family Resource Network. Her background and training is in Early Childhood and she has had over 25 years of front line experience with 3-5 year olds as an Early Years teacher. Also a Master Trainer in Positive Discipline Jean leads Positive Discipline trainings in Manitoba, as well as several countries in East Africa and Indonesia. Jean works closely with the Mosaic Childcare team and led the collaborative writing of Mosaic's Childcare Manual. Jean has always been a strong advocate for children's rights and for supporting childcare workers, teachers and parents in their relationships with children.



REGISTRATION PROCEDURES

As FCCR's mandate is to provide services and supports to staff working in the child care community, workshops are open to people working in child care centres, family day care homes and nursery schools and to students in early childhood education programs.

The registration process has changed. Registration and payment is done through [eventbrite.ca](https://www.eventbrite.ca).

Once on Eventbrite site click "search for events or categories" box and type the name of the workshop you wish to register in, then follow the prompts.

Please register as soon as possible to avoid disappointment.

- Direct any registration questions to: Dustin Ezinicki; (204) 947-1401 ext 233 or dezinicki@familydynamics.ca
- Telephone or e-mail registrations **will not** be accepted.
- Staff from centers and nursery schools, please use your work address and e-mail on the registration form
- There will be **no refunds** issued, unless we cancel a workshop. If you are unable to attend, please pass your registration on to a colleague at your (or any other) child care program
- Coffee, tea, juice and water will be provided.
- Remember to add the work shop date(s) and start times to your calendar as we will not send out reminders.
- You **MUST** take the Offices of Portage Place elevator located in the hallway across from Payless Shoes on the first floor.
- Please be "scents-itive". Environmental allergies are a serious problem for many people. Perfumes, colognes and highly scented personal care products should be avoided.
- If you're driving to Family Dynamics, do check and see if there are any events happening at the MTS Centre the day of your workshop. If there is, you may want to think about leaving your car at home.
- Upcoming workshops are also listed on our website: www.familydynamics.ca